



BENEFITS TO CHILDREN

GNS Sports offer children the opportunity to participate in football:

- In a safe and enjoyable environment
- In a positive and challenging way
- In gaining more knowledge and experience of various sports
- In enhancing their skills and abilities
- In gaining self-confidence and helping them feel good about themselves
- In helping them develop their social skills
- In developing their fitness
- In encouraging children to have a good and positive attitude
- In learning new skills/techniques
- In helping children develop game awareness
- In helping children conduct themselves in the right manner
- In teaching children how to be a good games player

Children will not only learn new and exciting skills, but they will be directed in a way that they try and possess the right attitude to learning.

Research show that 'Young people are more likely to value something if they have contributed to it'

'The more experience young people have in sport, the more chance they will continue in later life'

BENEFITS TO SCHOOLS

- Educational programme of sport
- Professional approach in teaching multi-sports - `Golden Player Philosophy`
- Qualified PE Teachers and specialist sports coaches selected in delivering the programme
- Children will develop good habits and raise their standards
- Provides more opportunities for children to learn
- Develops the children's confidence and social inclusion
- Offers potentially very lucrative career prospects for children
- Children are more involved in active recreation