

## CRAFT OF COACHING

### The PE & Sport Curriculum

#### **Technical**

- Technical practices (Un-opposed)
- Skill practices (Opposed – (2v1) (4v2))
- Small-sided games (3v3) (4v4)
- Game craft / understanding

#### **Psychological**

- Learning
- Developing – Needs of the child
- Practising
- Decision Making
- Learning Styles
- Awareness
- Understanding

#### **Physical**

- Gross Motor Skills
- Movement Skills (ABC's)

#### **Social**

- Enjoyment
- Fun
- Challenging
- Experience
- Teamwork
- Confidence
- Self-Esteem