

GNS SPORTS

‘Mini Kickers’ coaching (Ages 4-5)

We want ALL children from an early age to really love the game and have lots of FUN. GNS Sports will ensure they provide children with an excellent learning opportunity to:

- Learn, understand and develop the Fundamental skills necessary in becoming an excellent football player
- Increased number of touches on the football through our philosophy, the “Golden Player”
- Develop agility, balance, co-ordination and speed
- Build self-esteem and confidence
- Develop fitness levels
- Make friends



MORE IMPORTANTLY WE WANT ALL CHILDREN TO ENJOY THEMSELVES AND HAVE LOTS OF FUN.

GNS Sports achieves this by:

Every child will be coached and assessed by a specialist football coach who is trained and qualified to work with the younger age groups.

Aim:

Children from 4 to 6 years to learn and understand the Fundamental skills in football make friends and have fun. GNS Sports place their emphasis through a player centred approach through their philosophy being, the “Golden player”. Skills are taught in such a way that all children will learn and understand TOGETHER! GNS Sports are committed to providing such opportunities to ensure children can succeed by lots of practice and encouragement.

Practice, Practice, Practice!