

CRAFT OF COACHING

Overview of Bronze, Silver and Gold Levels

Player Development

BRONZE AWARD (3 STAR PLAYER RATING)

In order to pass and achieve the Bronze Level

- Participate in minimum of 10 sessions that focuses on technical development
- Learn and apply the technical skills in the following areas: - Passing; Dribbling; Turns and Moves; Heading and Shooting.
- Learn and apply the fundamental movement skills (Agility, Balance, Co-ordination and Speed).
- Have the Player Evaluation Form signed by the Coach to verify that the player has participated in 10 sessions
- Have the Player Evaluation Form signed by the coach to verify that the player is competent in all the technical areas to a 3 star player rating.
- Have the Player Evaluation Form signed by the Coach to verify that the player can perform the movement skills effectively.
- Practice the technical skills within opposed practices (2v1) (4v2)
- Participate in small-sided games demonstrating the ability to apply the technical skills effectively.
- The coach, together with the player, must agree and complete the assessment sheet to indicate strengths in performance and areas for future development.