

CRAFT OF COACHING

Overview of Bronze, Silver and Gold Levels **Player Development**

GOLD AWARD (5 STAR PLAYER RATING)

In order to pass and achieve the Silver Level

- Participate in minimum of 30 sessions that focuses on technical development
- Apply the technical skills in the following areas: - Passing; Dribbling; Turns and Moves; Heading and Shooting within opposed practices and small-sided games.
- Apply good understanding of how, when and where to apply the technical skills within small-sided games/6v6/8v8/11v11.
- Demonstrate good levels of self-confidence through effective ways of communication
- Demonstrate the ability to work effectively as part of a team
- Have the Player Evaluation Form signed by the Coach to verify that the player has participated in 30 sessions
- Have the Player Evaluation Form signed by the coach to verify that the player is competent in all the technical areas to a 5 star player rating.
- Have the Player Evaluation Form signed by the Coach to verify that the player can successfully apply the technical skills small-sided games/6v6/8v8/11v11.
- Apply the technical skills within small-sided games (3v3) (4v4), (5v5) demonstrating good game craft and understanding.
- Develop skills in small-sided games demonstrating good understanding of when and where to apply the technical skills effectively.
- The coach, together with the player, must agree and complete the assessment sheet to indicate strengths in performance and areas for future development.