

## **CRAFT OF COACHING**

### **Overview of Bronze, Silver and Gold Levels**

#### **Player Development**

##### **SILVER AWARD (4 STAR PLAYER RATING)**

In order to pass and achieve the Silver Level

- Participate in minimum of 20 sessions that focuses on technical development
- Practice and apply the technical skills in the following areas: - Passing; Dribbling; Turns and Moves; Heading and Shooting.
- Develop good awareness and understanding of how, when and where to apply the technical skills within opposed practices.
- Develop confidence through effective ways of communication
- Develop and apply skills to work effectively as part of a team
- Have the Player Evaluation Form signed by the Coach to verify that the player has participated in 20 sessions
- Have the Player Evaluation Form signed by the coach to verify that the player is competent in all the technical areas to a 4 star player rating.
- Have the Player Evaluation Form signed by the Coach to verify that the player can successfully apply the technical skills within opposed practices.
- Apply the technical skills within opposed practices (2v1) (4v2), making effective decisions.
- Develop skills in small-sided games demonstrating good understanding of to apply the technical skills effectively.
- The coach, together with the player, must agree and complete the assessment sheet to indicate strengths in performance and areas for future development.